

INDEPENDENT PROCESS

LAMBTON COMMUNITY

OBSERVER

HEALTH STUDY

Monthly Report #13

October 14, 2010

Lambton County Residents:

The Lambton Community Health Study Board meets to study the environmental effects on the health of Lambton County residents. The goal is to develop a process to determine the health outcomes from environmental exposures.

The Province of Ontario is conducting the largest health study ever undertaken in Canada. It includes an online survey that is open to everyone in Ontario over the age of 18. The study will attempt to follow all participants for their entire life span. Residents from Sarnia/Lambton are encouraged to connect to www.ontariohealthstudy.ca and participate. Studies based on the Ontario Health Study will help us to understand the causes, prevention and treatment of diseases; such as, cancer, heart disease, asthma and diabetes. The online survey may take from 20 to 45 minutes to complete and participation is encouraged.

The telephone survey initiated by the Board is ongoing. 500 Lambton residents will be randomly selected to participate in a 10 minute survey. It is important to understand residents' views on potential health impacts related to industrial pollution. There will also be an online survey at www.lambtonhealthsurvey.ca and it is hoped many residents will complete this survey online.

During November there will be a series of Open Houses in order to reach out to residents in Lambton County who have health concerns and questions regarding environmental impacts of living in Lambton County. The Open Houses will be in Petrolia (Nov.16), Aamjiwnaang First Nations (Nov.17), Corunna (Nov.24), Forest (Nov. 25), and Sarnia (Nov.30). Watch for places and times. You are encouraged to attend these Open Houses to present information needed for the overall Health Study.

Representatives were present from Intrinsic to introduce the completed literature review. This review will be one part of the information collected by the Board. The information collected from the telephone survey, online survey and the Open Houses as well as the literature review will all be used to determine "where do we go from here?"

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